



Meals on Wheels of Greeley November 2018 Menu

			NOVEMBER 1 Baked Chicken Mac & Cheese Peas with Pimento Fruit Salad Bran Muffin	NOVEMBER 2 Amish Noodles with Ham Brussel Sprouts Carrots Black Eyed Pea Salad Pears Bread
NOVEMBER 5 Hamburger with Mayo, Lettuce, Tomato, Onion Baked Beans Corn Mandarin Oranges	NOVEMBER 6 Mock Tuna Salad Bread with spread Tomatoes with Green Chili Coleslaw Asparagus Banana Bread Pudding	NOVEMBER 7 Beef Chili Winter Blend Vegetables Cornbread Carrots Apple	NOVEMBER 8 Polish Sausage w/ Mustard NW Vegetable Blend Orange Sweet Potatoes Red Beans & Rice Bread	NOVEMBER 9 Pork Carnitas Mexi Rice Spanish Green Beans Coleslaw Lentil Cookies Kiwi
NOVEMBER 12 Chicken Tetrizzini Brussel Sprouts Apple Winter Blend Vegetables Baked Custard Bread	NOVEMBER 13 Fried Chicken Barley Casserole Butternut Squash Orange Lentil Cookie	NOVEMBER 14 Beef Stroganoff Green Beans Tomato Salad Carrots Banana Cake Kiwi	NOVEMBER 15 Chicken Parmesan Potato Italian Blend Vegetables Fruit Salad Bread Broccoli Peanut Salad	NOVEMBER 16 Sloppy Joe with Bun Four Bean Salad NW Vegetables Pears Cauliflower
NOVEMBER 19 Potato Crunch Fish with Tartar Sauce Rice Pilaf Broccoli with cheese Garbanzo Bean Salad Peach Crisp Bread	NOVEMBER 20 Beef Macaroni Lima Beans Bread Cauliflower Banana Celery Salad	NOVEMBER 21 Biscuit with Sausage Gravy Broccoli Stewed Tomatoes Kiwi Apple Crisp	NOVEMBER 22 Closed	NOVEMBER 23 Closed
NOVEMBER 26 Scrambled Eggs Pork Sausage Patty French Toast Banana Berry Compote Tomatoes and Spinach Sliced Almonds	NOVEMBER 27 King Ranch Chicken Rice Pilaf Corn Coleslaw Peach Crisp Orange	NOVEMBER 28 Ham w Cranberry Mustard Sauce Red Bliss Potatoes Bread Carrots Broccoli Peanut Salad Pumpkin Bar	NOVEMBER 29 Country Fried Steak Mashed Potatoes w/ Gravy Brussel Sprouts Bread Cucumber Salad Kiwi	NOVEMBER 30 Salisbury Steak Cheesy Mashed Potatoes and Gravy Brussel Sprouts Bread Apple

All meals contain 1% Milk, and all bread comes with spread

Menu changes may occur without notice

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