



Meals on Wheels of Greeley MARCH 2018 Menu

			MARCH 1 AMISH NOODLES w/ HAM BRUSSELS SPROUTS CARROTS BREAD CONFETTI BLACK- EYED PEA SALAD CANNED PEARS	MARCH 2 LEMON BAKED FISH RED BLISS POTATOES PEAS AND CARROTS BREAD BROCCOLI PEANUT SALAD CHERRY CRISP
MARCH 5 PORK CARNITAS SPANISH GREEN BEANS SPANISH RICE LATIN COLESLAW KIWI LENTIL COOKIE	MARCH 6 CHICKEN TENDERS LIMA BEANS AND TOMATOES O'BRIEN POTATOES BRUSSELS SPROUTS PUMPKIN BAR	MARCH 7 ROAST BEEF MASHED POTATOES w/ GRAVY SPINACH GARBANZO SALAD STRAWBERRIES	MARCH 8 BEEF PICADILLO SCANDINAVIAN VEG RED BEANS & RICE BREAD TROPICAL FRUIT YOGURT	MARCH 9 NOODLE KUGEL LIMAS & TOMATOES BEETS w/ ORANGE SAUCE PRUNE JUICE BRAN MUFFIN
MARCH 12 ROAST TURKEY DRESSING w/ GRAVY CREAMED SPINACH YELLOW SQUASH PEA & CHEESE SALAD FRESH ORANGE	MARCH 13 SCRAMBLED EGGS w/PEPPERS&ONIONS SAUSAGE PATTY FRENCH TOAST STIX w/ COMPOTE SPINACH CHERRY TOMATOES RAISIN NUT CUP	MARCH 14 SLOPPY JOE w/ BUN NW BLEND VEGGIES CAULIFLOWER 4 BEAN SALAD CANNED PEARS	MARCH 15 BISCUIT w/ SAUSAGE GRAVY BROCCOLI STEWED TOMATOES KIWI APPLE CRISP	MARCH 16 "MOCK" TUNA SALAD ZUCCHINI w/ TOMATOES ASPARAGUS BREAD BANANA BREAD PUDDING
MARCH 19 COUNTRY STYLE PORK BAKED POTATO NW BLEND VEGGIES CONFETTI BLACK-EYE PEA SALAD FRESH ORANGE	MARCH 20 BEEF MACARONI CASSEROLE CARROTS ASPARAGUS LENTIL SALAD BREAD STRAWBERRIES	MARCH 21 CHICKEN TETRAZINI CHUCKWAGON CORN WINTER BLEND VEG BREAD FRESH APPLE LENTIL COOKIE	MARCH 22 BEEF CHILI WINTER BLEND CARROTS CORNBREAD FRESH GRAPES	MARCH 23 TUNA CASSEROLE HARVARD BEETS CELERY & CARROT ALMONDINE GARBANZO SALAD BANANA MUFFIN
MARCH 26 COUNTRY FRIED STEAK w/ GRAVY CARROTS BRUSSELS SPROUTS BREAD FRESH APPLE BAKED CUSTARD	MARCH 27 BAKED CHICKEN MACARONI&CHEESE PEAS w/ PIMENTO FRUIT SALAD BRAN MUFFIN	MARCH 28 HAMBURGER w/ MAYO, MUSTARD, LETTUCE, TOMATO, ONION BAKED BEANS CORN CANNED MANDARIN ORANGES	MARCH 29 HAM w/ CRANBERRY SAUCE RED BLISS POTATOES CARROTS BREAD BROCCOLI PEANUT SALAD APRICOTS	MARCH 30 POTATO CRUNCH FISH TARTAR SAUCE RICE PILAF BROCCOLI w/CHEESE BREAD GARBANZO SALAD CANNED PEACHES

All meals contain 1% Milk

Margarine served with Bread and Baked Potato

MENU CHANGES MAY OCCUR WITHOUT NOTICE

LMS 2/20/18