



Meals on Wheels of Greeley AUGUST 2018 Menu

		AUGUST 1 MEATLOAF w/GRAVY CHEESEY MASHED POTATOES STEWED TOMATOES BREAD CARROT RAISIN SLAW FRESH APPLE LENTIL COOKIE	AUGUST 2 COUNTRY STYLE PORK BAKED POTATO NW BLEND VEGGIES CONFETTI BLACK EYE PEA SALAD FRESH ORANGE	AUGUST 3 BAKED CHICKEN MACARONI&CHEESE PEAS w/ PIMENTO FRUIT SALAD BRAN MUFFIN
AUGUST 6 SCRAMBLED EGGS w/ PEPPERS & ONIONS SAUSAGE PATTY FRENCH TOAST STIX w/ COMPOTE SPINACH & ALMONDS CHERRY TOMATOES BANANA	AUGUST 7 POTATO CRUNCH FISH TARTAR SAUCE RICE PILAF BROCCOLI w/CHEESE BREAD GARBANZO SALAD PEACH CRISP	AUGUST 8 COUNTRY FRIED STEAK w/ GRAVY MASHED POTATOES BRUSSELS SPROUTS BREAD COOL CUCUMBER SALAD KIWI	AUGUST 9 "FRIED" CHICKEN BARLEY CASSEROLE BUTTERNUT SQUASH FRESH ORANGE LENTIL COOKIE	AUGUST 10 BEEF CHILI WINTER BLEND CARROTS CORNBREAD FRESH APPLE
AUGUST 13 CHICKEN PARMESAN BAKED POTATO ITALIAN VEGETABLES w/ BEANS BROCCOLI PEANUT SALAD BREAD TROPICAL FRUIT	AUGUST 14 BISCUIT w/ SAUSAGE GRAVY BROCCOLI STEWED TOMATOES KIWI APPLE CRISP	AUGUST 15 SLOPPY JOE w/ BUN NW BLEND VEGGIES CAULIFLOWER 4 BEAN SALAD PEARS	AUGUST 16 PORK CARNITAS SPANISH GREEN BEANS SPANISH RICE LATIN COLESLAW KIWI LENTIL COOKIE	AUGUST 17 HAM w/ CRANBERRY SAUCE RED BLISS POTATOES CARROTS BREAD BROCCOLI PEANUT SALAD CANNED APRICOTS
AUGUST 20 ROAST TURKEY DRESSING w/ GRAVY CREAMED SPINACH YELLOW SQUASH PEA & CHEESE SALAD FRESH ORANGE	AUGUST 21 SALISBURY STEAK w/ MUSHROOM GRAVY CHEESEY MASHED POTATOES BRUSSELS SPROUTS BREAD COLESLAW PLUMS	AUGUST 22 HAMBURGER w/ MAYO, MUSTARD, LETTUCE, TOMATO, ONION BAKED BEANS CORN CANNED MANDARIN ORANGES	AUGUST 23 PORK LOIN MASHED POTATOES w/ GRAVY SPINACH w/ALMONDS BREAD TOMATO SALAD KIWI	AUGUST 24 LEMON BAKED FISH RED BLISS POTATOES PEAS AND CARROTS BREAD BROCCOLI PEANUT SALAD CHERRY CRISP
AUGUST 27 CHICKEN CHOW MEIN w/ ALMONDS BROWN RICE ORIENTAL VEGGIES PEA & CHEESE SALAD FRESH ORANGE OATMEAL RAISIN COOKIE	AUGUST 28 CHICKEN BARLEY CHILI GARDEN VEGGIES BEETS CORNBREAD CHERRY CRISP	AUGUST 29 BEEF STEW BROCCOLI OKRA & TOMATOES BREAD GARBANZO SALAD PEACH CRISP	AUGUST 30 POLISH SAUSAGE w/ MUSTARD SWEET POTATOES NW BLEND VEGGIES RED BEANS & RICE BREAD FRESH ORANGE	AUGUST 31 CHICKEN TETRAZINI BRUSSELS SPROUTS WINTER BLEND VEG BREAD FRESH APPLE CUSTARD

All meals contain 1% Milk; Margarine served with Bread and Baked Potato

LMS 7/18/18

MENU CHANGES MAY OCCUR WITHOUT NOTICE